

Equity Advisory Board Applicant

Package - Full and Alternate

Equity Advisory Board - Full and Alternate

Term 17 Oct 2024 - 30 Sep 2028

Positions Available 1 each

Number of applicants in this package 2

- Degen, Jorelle

- White, Frank

Name: Degen, Jorelle

Address: 4704 NW 36th St, Gainesville, FL, 32605

Email: Jorelledegen@gmail.com

Board Name: Equity Advisory Board

Primary Phone:

352-222-3208

Please list any civic and professional accomplishments/honors, training or experience related to this appointment::

Licensed Mental Health Counselor and local small business owner; 24 year resident of Gainesville who has been engaged through work, volunteer or support, with various community organizations. I am committed to social justice and uplifting communities that historically have been strategically undervalued.

Please list any current/previous Advisory Board appointments:

None

What Contributions do you feel you could make if you were selected to this board?:

Having a background in mental health, I'd be honored to provide service in this arena. Additionally, I have maintained a consistent pulse on the social and well-being related services available in the community for our residents, as it has been necessary for the various jobs I've worked, and will be resourceful with information or connections in whatever way I can. I would like to help identify where the gaps are and support creative, collaborative problem solving.

Please Agree with the following statements:

I understand this application is the property of Alachua County and subject to public records laws. I hereby certify that the statements made on this application are true and correct. I understand that Appointees to advisory board/committees are required to attend scheduled meetings as specified in the "Guidelines for Citizen Advisory Boards and Committees". I understand that some boards and committees require Financial Disclosure (Chapter 112, Florida Statutes) and I am willing to file if required. I affirm that my personal and business (if applicable) affairs within Alachua County are in substantial compliance with all county regulatory and taxing authorities rules and regulations?:

Yes

Note: This question is for the Gainesville-Alachua County Airport Authority Board

Do you currently hold any publicly elected office in the State of Florida?:

No

Note: This question is for the Gainesville-Alachua County Airport Authority Board

Have you, as yourself or as an employee, agent or consultant for another person or legal entity, transacted business with the authority within the last 3 years?:

No

Are you currently serving, or have you ever served, on an Alachua County advisory board? :

No

Time of Submission: 09/21/24 11:41:41 PM

Attachments

- JD_CV2024.pdf

Jorelle Degen, LMHC, EMDR Certified Therapist

352-519-1152 | jorelle@gvilletherapy.com
3600 NW 43rd Street, Suite E2 | Gainesville, FL 32606

PROFESSIONAL EXPERIENCE

Jorelle Degen Counseling, Gainesville, FL3/2018 – current
Private Practice Mental Health Counselor

- Individualized psychotherapy for adults recovering from symptoms related to trauma, substance abuse, and interpersonal stressors. Utilize an integrative, trauma-informed, decolonized, depathologizing approach which emphasizes the impact of systemic oppression on mental health. EMDR certified.

Qualified Supervisor for Registered Mental Health Counseling Interns

- Provide individual and group supervision for mental health counseling interns pursuing licensure, centering developing counselor identity, burnout resilience, and trauma-informed, intersectional case conceptualization.

UF Health Florida Recovery Center, Gainesville, FL10/2014 – 12/2019
Substance Abuse Therapist for Partial Hospitalization Program

- Primary therapist for adult women in rehab with co-occurring addiction and mental health conditions; facilitated process groups, individual therapy, family therapy, case management and continuity of care planning. Specialized in working with safety sensitive workers with substance use disorders and complex trauma.

Driver's Ed for Love, Gainesville, FL10/2009 – 10/2014
Course Leader/Curriculum Designer

- Educated over 1000 teens, college students and adults throughout Florida; investigated psychology research to integrate into curriculum; created and revised all workshop materials; oversaw undergraduate psychology interns; managed social media profiles.

Shands Bone Marrow Transplant Clinic, Gainesville, FL4/2014 – 8/2014
Transplant Assistant, temporary (via Kelly Services)

- Ensured coordination and continuity of patient care for transplant patients by assisting the physician's assistants (PA-C) and outpatient clinic staff in performing services for patients; secured prior authorizations for same-day outpatient treatments and medical services.

Wooten Consulting, Inc., Gainesville, FL3/2011 – 4/2014
Vocational Evaluator

- Evaluated adult and high school clients with various physical and mental health disabilities to assess readiness for employment and assist with determining feasible training and job goals based on skills, abilities, and interests; administered psychometric assessments; technical report writing.

Prior employment includes 10+ years of extensive management and administrative experience.

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PRACTICUM | INTERNSHIP

Eastside High School, Shands PALS Counseling Intern.....1/2014 - 4/2014
UF Health Psychiatric Hospital, Shands PALS Counseling Intern
Adult In-Patient Detox Unit7/2013 - 4/2014
Adult Acute In-Patient Psych Unit.....5/2013 - 12/2013

EDUCATION

Nova Southeastern University, Fort Lauderdale, FL.....8/2014
Master of Science, Counseling Psychology, Mental Health Track; 3.9 GPA
University of Florida, Gainesville, FL12/2005
Bachelor of Arts, Major: Psychology; Minor: General Education

GRANTS | SCHOLARSHIPS | HONORS

PALS: Project Thrive, *Founding Team Stipend*.....Summer 2014
Florida Academic Scholar2000 - 2005
National Society of Collegiate Scholars..... 2000 - 2005

TRAININGS

Certificate in Somatic Embodiment & Regulation Strategies,
Linda Thai, LMSW.....present
Decolonize Your Practice Program, *Silvana Espinoza Lau, LMFT*.....2023
Integrating the Multidimensional Inventory of Dissociation into Clinical Practice,
D&JAM Trainings2020
Internal Family Systems, *Dr. Alexia Rothman*2020
EMDR Institute Regional Basic Training, Orlando, FL, *Connect EMDR*2019
Restorative Justice Basic Practitioner Training, Gainesville, FL
River Phoenix Center for Peacebuilding2019
ACT (Acceptance and Commitment Therapy) II, Orlando, FL
Steven C. Hayes, PhD2018
Integrating ACT Into Clinical Practice, Orlando, FL, *Steven C. Hayes, PhD*2018
Trauma, ACES and Road to Resilience, Gainesville, FL
Carol Lewis, Nancy Hardt, Teresa Drake, Katie Fields.....2017
Yoga for Awareness, Gainesville, FL, *UF Health Integrative Medicine Program*2017
De-Stress with Breath, Renew with Gratitude, Gainesville, FL
UF Health Integrative Medicine Program2016

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- DBT (Dialectical Behavior Therapy) Levels 1 and 2, Gainesville, FL**
Nancy Gordon, LCSW, Tampa Bay Center for CBT2015
- Peace Leadership Training, Gainesville, FL**
River Phoenix Center for Peacebuilding2013
- Smart Marriages Conference, Orlando, FL**2010

PRESENTATIONS, Gainesville, FL

- Restorative Strategies for Archivists, Virtual**.....2024
- EMDR Therapy Overview for Peaceful Paths, Gainesville, FL**2022
- Acceptance and Commitment Therapy, A Brief Introduction, Gainesville, FL**2019
- Applying Restorative Justice to Substance Abuse Treatment, Gainesville, FL**2019
- Above the Line Accountability Trainings for Exactech, Gainesville, FL**2012

COMMUNITY OUTREACH & SERVICE, Gainesville, FL

- Volunteer Admin for Gainesville Change Agents, Facebook Community for Mental Health Clinicians in Gainesville**2022 - present
 - Host community networking and support events, developed community resource guide and organizational support tools to streamline mental health referrals for clients
- Gainesville Free Grocery Store Volunteer Delivery Driver, Gainesville, FL**.....2024
- Sarkis Stop the Stigma Event Tabling, Gainesville, FL**2014
- Challenge Day Facilitator Volunteer, Jacksonville, FL**2013
- Driver’s Ed for Love Workshop Leader, Gainesville, FL**2008 - 2012
 - Donated relationship education workshops for local agencies: Florida Recovery Center, The Phoenix House Women’s Recovery Program, The Arbor House, and PACE Center for Girls.
- Harvest of Hope Music Fest Tabling, St. Augustine, FL**2010
- Alachua County Coalition for the Homeless and Hungry, Gainesville, FL**.....2008

PROFESSIONAL AFFILIATION

- EMDRIA EMDR International Association**2022 to present
- Association for Contextual Behavioral Science**2018-2019
- American Counseling Association**2014-2015

Name: Friedman, Jeffrey Friedman

Address: 4122 Sw 17th place, Gainesville florida, 32607

Email: friedmanjeffrey93@gmail.com

Board Name: Equity Advisory Board

Primary Phone:

352-745-9373

Please list any civic and professional accomplishments/honors, training or experience related to this appointment::

Honorably discharged veteran

Please list any current/previous Advisory Board appointments:

Ok

What Contributions do you feel you could make if you were selected to this board?:

I live in a diverced neighborhood

Please Agree with the following statements:

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Yes

Note: This question is for the Gainesville-Alachua County Airport Authority Board

Do you currently hold any publicly elected office in the State of Florida?:

No

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Have you, as yourself or as an employee, agent or consultant for another person or legal entity, transacted business with the authority within the last 3 years?:

No

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If so, please disclose the nature of the transaction.:

None

Employer :

Disabled

Are you currently serving, or have you ever served, on an Alachua County advisory board? :

No

Time of Submission: 10/18/23 3:33:33 PM

Name: Washington, Monica

Address: 3320 NE 149th Place, Gainesville, 32609

Email: mcook87@yahoo.com

Board Name: Equity Advisory Board

Primary Phone:

3522810291

Please list any civic and professional accomplishments/honors, training or experience related to this appointment::

As a Black woman with a passion for promoting equity and social justice, I believe I can contribute significantly to this important work. Lived Experience: Growing up in historically marginalized neighborhoods, I have witnessed firsthand the challenges faced by our community. My experiences have shaped my commitment to advocating for equitable opportunities and dismantling systemic barriers. Professional Accomplishments: In my role as a customer service representative at Gas South, I honed my communication skills, empathy, and ability to address diverse needs. Additionally, my background in property management, budgeting, and regulatory compliance equips me to analyze complex issues and propose effective solutions. Community Involvement: I have actively engaged with local organizations that focus on equity and inclusion. Whether volunteering at community centers or participating in grassroots initiatives, I am dedicated to fostering positive change. Advocacy and Leadership: As an advocate, I have mentored young women of color, empowering them to pursue education and career goals. I have also collaborated with community leaders to create programs that address housing disparities and economic inequality. I am committed to advancing equity in Alachua County and am excited about the opportunity to serve on the Equity Advisory Board.

Please list any current/previous Advisory Board appointments:

N/A

What Contributions do you feel you could make if you were selected to this board?:

As someone deeply committed to advancing equity and social justice, I believe I can contribute significantly in the following ways: Community Engagement and Outreach: I will actively engage with historically marginalized neighborhoods, listening to community members' concerns and advocating for their needs. By fostering partnerships with local organizations, I can help bridge gaps and ensure that equity initiatives are inclusive and impactful. Policy Advocacy and Analysis: My experience in property management and regulatory compliance equips me to analyze policies critically. I will collaborate with fellow board members to propose evidence-based solutions that address systemic inequities. Education and Awareness: I am passionate about education as a tool for empowerment. I will work to raise awareness about equity issues through workshops, seminars, and community events. By promoting dialogue and understanding, we can create a more informed and empathetic community. Data-Driven Decision-Making: I am proficient in data analysis and budgeting. I will use these skills to assess the impact of equity programs and recommend adjustments as needed. Transparency and accountability are essential for achieving meaningful change. Collaboration and Inclusivity: I value diverse perspectives. As a board member, I will actively seek input from underrepresented groups. Together, we can create policies that uplift everyone, leaving no one behind.

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No

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If so, please disclose the nature of the transaction.:

N/a

Are you currently serving, or have you ever served, on an Alachua County advisory board? :

No

Time of Submission: 06/15/24 10:58:59 PM

Name: White, Frank

Address: 205 SW 75th Street, Apt 5T, 32607

Email: fwhite@whitelabelmgt.com

Board Name: Equity Advisory Board

Primary Phone:

3059398639

Please list any civic and professional accomplishments/honors, training or experience related to this appointment::

I am an experienced Human Resources professional with over 14 years of experience in public service at the county and state level of government. I currently have a MBA in Human Resources Management while actively pursuing a Ph.D. in Conflict Analysis & Resolution.

Please list any current/previous Advisory Board appointments:

None

What Contributions do you feel you could make if you were selected to this board?:

I will be able to lend my expertise in diversity, equity, and inclusion along with conflict analysis and resolution to ensure that the decisions of this committee adequately represent the constituency of Alachua County as it relates to people of different genders, races, ethnicities, religions, ages, sexual orientations, disabilities, and classes.

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Time of Submission: 06/15/24 9:35:22 PM